

SELF HELP RECOVERY GROUPS SCHEDULE

*East Kootenay Addictions Services relies on the community to provide correct information for this schedule.
It is highly recommended to confirm accuracy of the information provided before attending any of the groups listed.*

Monday	<p>AA – 8:00pm (c)(ns)(dm)(wc) Salvation Army 533 Slater Rd.</p> <p>Alanon – 7:00 pm Marysville Community Church</p>	<p>Overcomers Recovery Group 7:00-8:00 pm Dwelling Place Church-Downstairs 2324 2nd St S, Cranbrook</p> <p>Contact: Pastor Ron Short 250-489-5411</p>	<p>Co-Dependency Anonymous 7pm Cranbrook Society for Community Living 14th and 1st Street Contact: 250-861-3781 ext 237</p>
Tuesday	<p>AA - 7:00 pm (o)(ns) Top of The World Ranch Lakit Lake Rd Contact: Top of World 1-888-996-6306</p> <p>AA – 8:00pm (o)(ns) Cranbrook Anglican Church 46 13th Ave South Contact: Shelly 426-8049</p>	<p>Emotions Anonymous 7pm Dwelling Place Church-Downstairs 2324 2nd St S Cranbrook</p> <p>Contact: Pastor Ron Short 250-489-5411</p>	
Wednesday	<p>AA – 8:00 pm (c)(bs)(ns)(wc) Cranbrook Society for Community Living 14th and 1st Street Contact: 426-7588</p> <p>AA – 12:00 noon (o) (ns) Salvation Army 533 Slater Rd.</p> <p>Alanon – 7:00 – 8:00 pm E K Regional Hospital Basement, Education Room B Contact: Sylvia 489-4503 or Rita 489-1388</p>	<p>SEEDS-Harm Reduction Group/Support Recovery 1:00-2:30pm Dwelling Place Church-Downstairs 2324 2nd Cranbrook Contact: Deb Sims 250-489-4344</p> <p>Overeaters Anonymous 7:00-8:00pm Cranbrook United Church #2 – 12th Ave Cranbrook Contact: Dawn 778.963.0298 Email:cranbrookoa@hotmail.com</p>	<p>Cocaine Anonymous-7:00-8:30 (o) Top of the World Ranch Lakit Lake Rd Contact: Top of World 1-888-996-6306</p> <p>NA – 7:30-9:00pm (o)(ns)(wc)(odm) Cranbrook Anglican Church 46-13th Ave South</p>
Thursday	<p>AA – 8:00 pm (o)(ns)(dm)(wc) Cranbrook United Church #2 – 12th Ave Cranbrook</p> <p>AA – 8:00 pm (c) (ns) Marysville Community Church 703 302nd St, 250-427-4837</p> <p>Alanon – 7:00 – 8:00 pm Foursquare Church-Kimberley Contact: Susan 250-427-0212</p>		<p>Support Group 2:00 – 3:00 pm EK Regional Hospital Psychiatry Group Room Covers all addictions 250-417-6171</p>
Friday	<p>AA – 8:00 pm (o)(ns)(dm)(wc) Cranbrook Society for Community Living 14th and 1st Street Contact: 426-7588</p>		
Saturday	<p>AA – 7:00AM (Men Only)(ns)(dm)(wc) Cranbrook Society for Community Living 14th and 1st Street Contact: 426-7588</p> <p>AA – 8:00 pm (o)(ns)(dm)(wc) E K Regional Hospital Basement, Education Room B</p>		<p>NA – 7:00 pm (o)(ns) Top of The World Ranch Lakit Lake Rd Contact: Top of World 1-888-996-6306</p>
Sunday	<p>AA – 7:00 pm (c)(ns)(wc) The United Church, Kimberley</p> <p>AA – 8:00 pm (o)(ns)(dm)(wc) Alliance Church 1200 Kootenay St N, Cranbrook</p>		

Alcohol and Drug Information Referral Service #1-800-663-1441
AA Hotline #250-426-3876
AA Literature & Book Contact #250-489-2483 Sherry
Cranbrook Home Detox Program #250-417-6171
Narcotics Anonymous #1-877 463-3537
We Care Home Health Services (Drug Testing) #250-426-3066

(c) closed, (o) open, (ns) non smoking, (bs) book study, (dm) discussion mtg, (wc) wheel chair

Updated: 19/11/2018

ALCOHOL SELF-HELP

Columbia Valley

Alanon, Golden	344-5449/344-6491
Alanon, Invermere	347-9841 (Carol)
Mon. 7:00 pm - Catholic Church 1210 9 th Street, Invermere	
Alano Club, Golden	344-5166
Alcohol & Drug Counselling, Golden – Yvonne (Family Centre)	344-2000
Columbia Valley Addiction Services	342-3868
Alcoholics Anonymous, Golden	344-5888
Tues. 8:00 pm Anglican Church	
Thurs. 8:00 pm Golden Family Centre	
Fri. 8:00 pm Lutheran Church	
Sat. 8:00 pm Museum	
Narcotics Anonymous, Golden	
Sun. 8:00 pm Golden Family Centre	344-2000
Alcoholics Anonymous, Invermere	342-2424
Valley Connections Building 625 4 th St: 8:00 pm – Sat, Sun, Tues, Wed (Closed Meeting)	
Narcotics Anonymous, Invermere	342-1071
8:00pm – Thursdays	
Radium - Fri. 8:00pm – Catholic Church	342-2424
Three Voices of Healing, Invermere - Delena Tikk	341-3678 or 254-0019
Windermere – Weds. 8:00pm	342-0655
Valley Christian Assembly	
Windermere - Sun. 8:00pm – Community Hall	342-0655

CRESTON

Alcoholics Anonymous Creston	428-5632/428-2989
Mon. 11:00am – Anglican Church	
Mon. 8:00pm – Wellness Centre	
Tues. 11:30am – United Church	
Weds. 8:00pm – Anglican Church	
Thurs. 12:00pm – United Church	
Fri. 10:00am – Community Centre (Women's Group)	
Fri. 8:00pm – Anglican Church	
Boswell Group – Thurs.	contact only 223-8489
Riondel Group – Tues. 8:00pm Community Centre	227-9262
Alanon 7:30 pm – Creston Valley Hospital Bsmt	428-7641/428-9406
Mental Health and Substance Use (Drug & Alcohol Residential Treatment Centre)	428-8734
Alanon Riondel/Crawford Bay	227-9262
Weds. 8:00pm Community Hall	
Narcotics Anonymous Sun/Tues/Thurs. 7:00pm – Lutheran Church	250-254-1550/250-402-9654
Narcotics Anonymous Thurs. 7:00 Trinity United Church	