

SELF HELP RECOVERY GROUPS SCHEDULE

East Kootenay Addictions Services relies on the community to provide correct information for this schedule.

It is highly recommended to confirm accuracy of the information provided before attending any of the groups listed.

<p>Monday</p>	<p>AA – 7:00 pm (c)(bs)(ns)(wc) Cranbrook Society for Community Living 14th and 1st Street Contact: Kent: 250-581-2101</p>	<p>Overcomers Recovery Group 7:00-8:00 pm Dwelling Place Church-Downstairs 2324 2nd St S, Cranbrook Contact: Pastor Ron Short 250-489-5411</p>	<p>Co-Dependency Anonymous-6:30pm 19 9th Ave S Contact: Nikki 250.420.1622</p> <p>SMART Recovery-7:00-8:30pm (o)(ns) Mission Thrift Store 1114 Baker Street Contact: Facebook SMART Recovery Cranbrook</p>
<p>Tuesday</p>	<p>AA - 7:00 pm (o)(ns) Top of The World Ranch Lakit Lake Rd Contact: Top of World 1-888-996-6306</p> <p>AA – 8:00pm (o)(ns) Cranbrook Anglican Church 46 13th Ave South Contact: Shelly 426-8049</p>	<p>Emotions Anonymous 7pm Dwelling Place Church-Downstairs 2324 2nd St S Cranbrook Contact: Pastor Ron Short 250-489-5411</p>	<p>Alanon – 12:00-1:00pm Dwelling Place Church-Downstairs 2324 2nd St S Cranbrook, BC Contact: Pastor Ron Short 250-489-5411</p> <p>Alanon – 7:00 – 8:00 pm Marysville Church-Kimberley 730 302 Street Contact: Lyn 250-295-8652 or Cynthia 778-481-1972</p>
<p>Wednesday</p>	<p>AA – 8:00 pm (c)(bs)(ns)(wc) Cranbrook Society for Community Living 14th and 1st Street Contact: Kent: 250-581-2101</p> <p>AA – 12:00 noon (o) (ns) Salvation Army 533 Slater Rd.</p>	<p>SEEDS-Harm Reduction Group/Support Recovery 1:00-2:30pm Dwelling Place Church-Downstairs 2324 2nd Cranbrook Contact: Deb Sims 250-489-4344</p>	<p>Alanon – 7:00 – 8:00 pm E K Regional Hospital Imaging Board Room (Across from laboratory) Contact: Sylvia 489-4503 or Rita 489-1388</p> <p>Cocaine Anonymous-7:00-8:30 (o) Top of the World Ranch Lakit Lake Rd Contact: Top of World 1-888-996-6306</p>
<p>Thursday</p>	<p>AA– 6:30-7:30pm (Women) (o)(dm)(wc) Cranbrook United Church #2 – 12th Ave Cranbrook</p> <p>AA– 8:00pm (o)(dm)(wc) Cranbrook United Church #2 – 12th Ave Cranbrook</p> <p>AA – 8:00 pm (c) (ns) Marysville Community Church 703 302nd St, 250-427-4837</p>		<p>Alanon – 7:00 – 8:00 pm Foursquare Church-Kimberley Contact: Susan 250-427-0212</p> <p>Support Group 2:00 – 3:00 pm EK Regional Hospital Psychiatry Group Room Covers all addictions 250-417-6171</p>
<p>Friday</p>	<p>AA – 8:00 pm (o)(ns)(dm)(wc) Cranbrook Society for Community Living 14th and 1st Street Contact: Kent: 250-581-2101</p>		<p>NA – 12:00 pm (o)(ns) Street Angel 46 17 Ave S, Cranbrook, V1C 2Z4 Contact: Glen H 778-687-2779</p>
<p>Saturday</p>	<p>AA – 7:00AM (Men Only)(ns)(dm)(wc) Cranbrook Society for Community Living 14th and 1st Street Contact: Kent: 250-581-2101</p> <p>AA – 8:00 pm (o)(ns)(dm)(wc) E K Regional Hospital Basement, Education Room B</p>		<p>NA – 7:00 pm (o)(ns) Top of The World Ranch Lakit Lake Rd Contact: Top of World 1-888-996-6306</p>
<p>Sunday</p>	<p>AA – 7:00 pm (c)(ns)(wc) The United Church, Kimberley</p> <p>AA – 8:00 pm (o)(ns)(dm)(wc) Alliance Church 1200 Kootenay St N, Cranbrook</p>		

Alcohol and Drug Information Referral Service #1-800-663-1441
AA Hotline #250-426-3876
AA Literature & Book Contact #250-489-2483 Sherry
Cranbrook Home Detox Program #250-417-6171
Narcotics Anonymous #1-877 463-3537
We Care Home Health Services (Drug Testing) #250-426-3066

(c) closed, (o) open, (ns) non smoking, (bs) book study, (dm) discussion mtg, (wc) wheel chair

Updated: 19/11/2020

ALCOHOL SELF-HELP

Columbia Valley

Alanon, Golden	344-5449/344-6491
Alanon, Invermere Mon. 7:00 pm - Catholic Church 1210 9 th Street, Invermere	347-9841 (Carol)
Alano Club, Golden	344-5166
Alcohol & Drug Counselling, Golden – Yvonne (Family Centre)	344-2000
Columbia Valley Addiction Services	342-3868
Alcoholics Anonymous, Golden Tues. 8:00 pm Anglican Church Thurs. 8:00 pm Golden Family Centre Fri. 8:00 pm Lutheran Church Sat. 8:00 pm Museum	344-5888
Narcotics Anonymous, Golden Sun. 8:00 pm Golden Family Centre	344-2000
Alcoholics Anonymous, Invermere Valley Connections Building 625 4 th St: 8:00 pm – Sat, Sun, Tues, Wed (Closed Meeting)	342-2424
Narcotics Anonymous, Invermere 8:00pm – Thursdays	342-1071
Radium - Fri. 8:00pm – Catholic Church	342-2424
Three Voices of Healing, Invermere - Delena Tikk	341-3678 or 254-0019
Windermere – Weds. 8:00pm Valley Christian Assembly	342-0655
Windermere - Sun. 8:00pm – Community Hall	342-0655

CRESTON

Alcoholics Anonymous Creston Mon. 11:00am – Anglican Church Mon. 8:00pm – Wellness Centre Tues. 11:30am – United Church Weds. 8:00pm – Anglican Church Thurs. 12:00pm – United Church Fri. 10:00am – Community Centre (Women's Group) Fri. 8:00pm – Anglican Church	428-5632/428-2989
Boswell Group – Thurs.	contact only 223-8489
Riondel Group – Tues. 8:00pm Community Centre	227-9262
Alanon 7:30 pm – Creston Valley Hospital Bsmt	428-7641/428-9406
Mental Health and Substance Use (Drug & Alcohol Residential Treatment Centre)	428-8734
Alanon Riondel/Crawford Bay Weds. 8:00pm Community Hall	227-9262
Narcotics Anonymous Sun/Tues/Thurs. 7:00pm – Lutheran Church	250-254-1550/250-402-9654
Narcotics Anonymous Thurs. 7:00 Trinity United Church	