

**Yes,**

I am interested in learning more about becoming an ANKORS volunteer - I look forward to receiving my *Volunteer Application Package* at the address I've indicated on the reverse of this card.

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ANKORS gratefully acknowledges the support of our funders:

- The Province of British Columbia, Ministry of Health
- The Government of Canada, Health Canada
- East Kootenay Community Health Services Society
- The United Way
- Private Donors

ANKORS is proud to be able to provide your organization with interesting, current, informative and inspiring presentations or workshops on HIV/AIDS. The following are just a few of the topics your group may wish to explore through an on-site ANKORS presentation

ANKORS offers - AIDS 101; HIV & AIDS at Home and at Work; Community Care Team Development; Needle Exchange and the Principles of Harm Reduction; Safer Sex transmission facts; as well as presentations will be developed and tailored to your need.

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**WEST KOOTENAY & BOUNDARY  
REGIONAL OFFICE**

101 Baker Street  
Nelson, B.C. V1L 4H1

1-800 421-2437  
250-505-5506  
250-505-5509

Fax: 250-505-5507

E-mail: [info@ankors.bc.ca](mailto:info@ankors.bc.ca)

**EAST KOOTENAY REGIONAL OFFICE**

#205 14th Avenue, N.  
Cranbrook, B.C.  
V1C 3W3

1-800 421-2437  
250-426-3383

Fax: 250-426-3221

E-mail: [ankors@cyberlink.bc.ca](mailto:ankors@cyberlink.bc.ca)  
[www.ankors.bc.ca](http://www.ankors.bc.ca)

# ANKORS

PEOPLE  
WITH

**HIV /  
AIDS  
LIVES  
HERE.**

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Kootenay & Boundary Regions

AIDS Network Outreach & Support

**1-800-421-AIDS**

**FACT:**

There are only 3 common ways to transmit HIV:

- ➔ Through infected blood.
- ➔ Through infected semen and vaginal fluid.
- ➔ From infected mother to her unborn child.

*Founded in 1992, ANKORS is a non-profit, community based organization which exists to respond to the needs of those among us both infected and affected by HIV/AIDS.*

**FACT:**

Needle sharing is the cause of 1/2 of new HIV cases.

- ➔ Hepatitis C and other diseases are also spread this way.
- ➔ Steroids are injectable drugs.

*We are also committed to education for the purpose of preventing the further spread of HIV. We do this by providing current, accurate information, in respectful, non judgmental ways.*

**FACT:**

60% of new HIV diagnoses are in people under 25.

- ➔ Most were infected in their teens.

*We work to educate other organizations in the Kootenay & Boundary regions about how to better meet the special needs of those we serve.*

## WHAT WE CAN DO...

We offer a variety of **Support and Advocacy Services** to people living with HIV or AIDS as well as their families and friends. We also support professionals who care for people affected by HIV or AIDS, and people who may be concerned about exposure to HIV.

The **Community Care Team** program operates in each community throughout the East Kootenay region to ensure that service organizations, schools, health care settings and businesses are HIV and AIDS educated and accessible to those living with HIV or AIDS.

The **Prevention & Education** program provides education, information, resources and counseling services on HIV/AIDS prevention to the communities in the West Kootenay region. Prevention & Education sessions are delivered to organizations, schools, employee groups, individuals and social service agencies.

ANKORS' **Needle Exchange** is a mobile and fixed site service, operating in the West Kootenay Boundary Region, for people who inject drugs. Based on the principles of harm reduction, the program helps to maintain personal health while stemming the spread of HIV, Hepatitis C and other communicable diseases.

ANKORS provides current information about trends in treatment, medications, nutrition, mental health, drug & alcohol programs support for caregivers and much more. We offer a **Lending Library, Resource Lounge** and free Internet Access.

## WHAT YOU CAN DO...

Become a member of ANKORS and provide input on our activities and services

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Postal Code: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Other Phone: \_\_\_\_\_

*Membership includes a copy of the ANKORS Constitution, subscription to our newsletter, as well as the right to vote on issues at general meetings.*

Send to:

**ANKORS**

West Kootenay & Boundary  
AIDS Network, Outreach & Support Society

101 Baker Street,  
Nelson, British Columbia  
V1L 4H1

For information about volunteering,  
see over.

