

SELF HELP RECOVERY GROUPS SCHEDULE

Monday	<p>AA – 8:00pm (c)(ns)(dm)(wc) Salvation Army 533 Slater Rd. AA Hotline 250-426-3876</p>		
Tuesday	<p>AA - 7:00 pm (o)(ns) Top of The World Ranch Lakit Lake Rd Contact: Top of World 1-888-996-6306</p> <p>AA – 8:00pm (o)(ns) Cranbrook Anglican Church 46 13th Ave South Contact: Shelly 426-8049</p>	<p>Overeaters Anonymous 8:00-9:00pm Cranbrook United Church #2 – 12th Ave Cranbrook Contact: cranbrookOA@hotmail.com Drop-Ins welcome</p>	<p>Women for Sobriety 12:00 – 1:30 pm EK Addictions Services – Group Rm 202, 1617 Baker Street Cranbrook Contact: Deb 489-4344</p>
Wednesday	<p>AA – 8:00 pm (c)(bs)(ns) (wc) Cranbrook Society for Community Living 14th and 1st Street</p> <p>AA – 12:00 noon (o) (ns) Cranbrook Alliance Church Left side of church Contact: Kent 421-2799 AA Literature & Book Contact 250 489-2483 Sherry</p>	<p>NA – Journey of Recovery Group 8:00 – 9:00 pm Salvation Army, 533 Slater Rd</p> <p>Narcotics Anonymous 1-877 463-3537</p>	<p>Alanon – 7:00 – 8:00 pm E K Regional Hospital Basement, Education Room B Contact: Sylvia 489-4503 or Rita 489-1388</p>
Thursday	<p>AA – 8:00 pm (c)(ns)(dm) United Church Basement Contact: Dave 489-4034</p> <p>AA – 8:00 pm (c)(ns) Marysville Community Church 703 302nd St, Kimberley 250-427-4837</p>		<p>Support Group 2:00 – 3:00 pm EK Regional Hospital Psychiatry Group Room 417-6171 Covers all addictions</p> <p>No group on Stat Holidays</p>
Friday	<p>AA – 8:00 pm (c)(ns)(dm)(wc) Cranbrook Society for Community Living 14th Ave & 1st ST</p>	<p>Women in Recovery 1:30 – 2:30 EK Addiction Services – Group Room 202 - 1617 Baker St, Cranbrook Contact: Deb 489-4344</p>	
Saturday	<p>AA – 8:00 pm (o)(ns)(dm)(wc) EK Regional Hospital Education Room</p>		<p>NA – 7:00 pm (o)(ns) Top of The World Ranch Lakit Lake Rd Contact: Top of World 1-888-996-6306</p>
Sunday	<p>AA – 8:00 pm (o)(ns)(dm)(wc) Alliance Church, Cbk Left side of church</p> <p>AA – 7:00 pm (c)(ns)(wc) The Pines, Kimberley 250-427-5222 Gail 250-427-3832 Ron</p>		<p>Alanon - 7:00 pm United Church Basement, Kimberley 250-427-7792 Pat</p>

Alcohol and Drug Information Referral Service #1-800-663-1441
Cranbrook Home Detox Program #250-417-6171

(c) closed, (o) open, (ns) non smoking, (bs) book study, (dm) discussion mtg, (wc) wheel chair

Updated: 06/03/2012

