

INVERMERE & AREA SELF HELP MEETINGS

**AA** – all meetings are open and all are at 8:00 pm

**Saturday:** Valley Connections Building, 625 – 4<sup>h</sup> Street, Invermere  
**Sunday:** Valley Connections Building, 625 – 4<sup>th</sup> Street, Invermere  
**Wednesday:** Valley Connections Building, 625 – 4<sup>th</sup> Street, Invermere  
**Friday:** Radium Catholic Church, Main Street, Radium Hot Springs

For information call 250-342-2424

**Alanon** – all meetings are open and at 7:00 pm

**Monday:** Catholic Church of Canadian Martyrs, 1210 – 9<sup>th</sup> Street,  
Invermere

1<sup>st</sup> Monday of each month: **Alateen** at same place as Alanon

For information call Carol 250-347-9841